



Desert Winds

Retirement Community

20554 N 101st Ave • Peoria, AZ 85382 • (623) 362-1200

The Rhythm of Spring

"It is spring again. The Earth is like a child that knows poems by heart." —Rainer Maria Rilke

Giving Back, Bit by Bit

Giving back to others doesn't have to take a lot of time or energy. Micro-volunteering refers to low-effort, short-term opportunities to do a good deed, and can include activities like filling out surveys, signing petitions, sharing social media posts or translating documents. With micro-volunteering on the rise, many nonprofits are offering multiple mini-sized ways to help make the world a better place.

A Masters Tradition

The annual Masters golf tournament has many unique traditions, including its signature pimento cheese sandwiches. Since the 1960s, they have been a menu staple at Georgia's Augusta National Golf Club concession stands, which sell them for just \$1.50, wrapped in green plastic to match the famed course.

Penny for Your Thoughts

You might have gotten more than you expected had someone said this phrase to you in 1787! That's when the U.S. Congress of the Confederation—which governed the emerging United States following the Revolutionary War—authorized its first penny: the Fugio cent. In addition to its monetary value, the copper coin also boasted some advice. "Mind Your Business," a proverb popularized by Benjamin Franklin, was engraved on the front, while the patriotic motto "We Are One" appeared on the back.

April 2024



Welcome to April

The world is remembering its roots this month as spring starts turning everything green! No matter how fickle the weather may be, we always anticipate the new beginnings this freshest of months brings. Of course, April is full of other celebrations, like April Fools' Day (1st), Earth Day (22nd) and even National Velociraptor Awareness Day (18th). However you choose to have fun this month, we hope you enjoy the brightening days!

Dabble in Scrabble

Have some F-U-N on April 13, National Scrabble Day. Fans of the popular board game often turn to "The Official Scrabble Players Dictionary," which was most recently updated in 2022 and now contains more than 100,000 words. Improve your Scrabble strategy by brushing up on two-letter words—they can often be placed to take advantage of double or triple score squares.



April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p style="text-align: center;">All Events Are Subject to Change</p>	<p style="text-align: right;">1</p> <p>9:00 Mini Manicures (m) 2:00 Bingo (bh) 5:00 Texas Hold 'em Poker (1nl)</p>	<p style="text-align: right;">2</p> <p>10:00 Hand and Foot Card Game (1nl) 10:30 Coloring with Lynn (m) 11:00 Southwest Mobility-Walker, Scooter, Wheelchair Service (bh) 12:00 Groceries at Fry's or Bashas' (lb) 1:00 Mexican Train (1sl) 2:00 Entertainment with Singer Vinny DiJohn (lb) 2:00 Skip-Bo Card Game (m)</p>	<p style="text-align: right;">3</p> <p>10:00 Chair Exercise with Lynn (bh) 10:30 Bible Fellowship (t) 12:00 Groceries at Fry's or Bashas' (lb) 2:00 Bingo (bh) 6:00 Movie (cc) (t)</p>	<p style="text-align: right;">4</p> <p>8:45 Groceries at Fry's or Bashas' (lb) 10:00 Hand and Foot Card Game (1nl) 10:00 Holy Communion (t) 11:30 Bus to Arrowhead Mall (lb) 2:00 "Golf" Card Game (m) 2:00 It's Smoothie Time (lb)</p>	<p style="text-align: right;">5</p> <p>10:00 Chair Exercise with Lynn (bh) 11:00 Lunch at Charley's Sports Grill (lb) 2:00 Scrabble (bh) 5:00 Texas Hold 'em Poker (1nl)</p>	<p style="text-align: right;">6</p> <p>10:00 Knitting and Loom Ladies (m) 1:00 Movie (cc) (t) 1:00 Pokeno (m) 2:00 Blood Pressure Check (l) 6:00 Movie (cc) (t)</p>	
	<p style="text-align: right;">7</p> <p>9:15 Bus Pickup from Church of the Palms for Church Service (lb) 2:00 Bingo (bh) 5:00 Billiards (l)</p>	<p style="text-align: right;">8</p> <p>Dining Room Will Close at 2:00 9:00 Mini Manicures (m) 1:00 Community Rosary (t) 3:00 Italian Dinner with Entertainment by Singer Vito Mandarino (dr) 5:00 Texas Hold 'em Poker (1nl)</p>	<p style="text-align: right;">9</p> <p>10:00 Hand and Foot Card Game (1nl) 10:30 Chair Exercise with Lynn (bh) 12:00 Groceries at Fry's or Bashas' (lb) 1:00 Mexican Train (1sl) 2:00 Skip-Bo Card Game (m)</p>	<p style="text-align: right;">10</p> <p>10:00 Bean Bag Toss (l) 10:00 Paparazzi \$5.00 Jewelry (lb) 12:00 Groceries at Fry's or Bashas' (lb) 2:00 Bingo (bh) 6:00 Movie (cc) (t)</p>	<p style="text-align: right;">11</p> <p>8:45 Groceries at Fry's or Bashas' (lb) 9:30 Men's Coffee (m) 10:00 Hand and Foot Card Game (1nl) 10:00 Holy Communion (t) 11:30 Bus to Walmart (lb) 2:00 "Golf" Card Game (m) 2:00 Spring Fling Social (lb)</p>	<p style="text-align: right;">12</p> <p>No Transportation 9:00 Bus to Casino Arizona (lb) 11:00 - 1:00 Shred - A- Thon (lb) 2:00 Scrabble (bh) 5:00 Texas Hold 'em Poker (1nl)</p>	<p style="text-align: right;">13</p> <p>10:00 Knitting and Loom Ladies (m) 1:00 Movie (cc) (t) 1:00 Pokeno (m) 2:00 Blood Pressure Check (l) 6:00 Movie (cc) (t)</p>
	<p style="text-align: right;">14</p> <p>9:15 Bus Pickup from Church of the Palms for Church Service (lb) 2:00 Bingo (bh) 5:00 Billiards (l)</p>	<p style="text-align: right;">15</p> <p>9:30 Red Hat Ladies - Breakfast with Pat & Lynn (m) 2:00 Bingo (bh) 5:00 Texas Hold 'em Poker (1nl)</p>	<p style="text-align: right;">16</p> <p>10:00 Hand and Foot Card Game (1nl) 10:00 Only the Best Jewelry (lb) 10:30 Chair Exercise with Lynn (bh) 12:00 Groceries at Fry's or Bashas' (lb) 1:00 Mexican Train (1sl) 2:00 Entertainment with Pianist/Singer DeAnna at the Keys (lb) 2:00 Skip-Bo Card Game (m)</p>	<p style="text-align: right;">17</p> <p>10:00 Trivia with Lynn (m) 10:30 Bible Fellowship (t) 12:00 April Birthday Luncheon (dr) 12:00 Groceries at Fry's or Bashas' (lb) 2:00 Bingo (bh) 6:00 Movie (cc) (t)</p>	<p style="text-align: right;">18</p> <p>8:45 Groceries at Fry's or Bashas' (lb) 10:00 Hand and Foot Card Game (1nl) 10:00 Holy Communion (t) 10:00 Ladies' Social (bh) 11:30 Bus to 99cent Store/Sprouts (lb) 1:00 Sunrise Mountain Library (lb) 2:00 "Golf" Card Game (m) 2:00 Happy Hour (lb)</p>	<p style="text-align: right;">19</p> <p>10:00 Breakfast at Village Inn (lb) 10:00 Chair Exercise with Lynn (bh) 2:00 Scrabble (bh) 5:00 Texas Hold 'em Poker (1nl)</p>	<p style="text-align: right;">20</p> <p>10:00 Knitting and Loom Ladies (m) 1:00 Movie (cc) (t) 1:00 Pokeno (m) 2:00 Blood Pressure Check (l) 6:00 Movie (cc) (t)</p>
	<p style="text-align: right;">21</p> <p>9:15 Bus Pickup from Church of the Palms for Church Service (lb) 2:00 Bingo (bh) 5:00 Billiards (l)</p>	<p style="text-align: right;">22</p> <p>5:00 Texas Hold 'em Poker (1nl)</p>	<p style="text-align: right;">23</p> <p>10:00 Hand and Foot Card Game (1nl) 12:00 Groceries at Fry's or Bashas' (lb) 1:00 Mexican Train (1sl) 2:00 Skip-Bo Card Game (m) 2:30 Catholic Mass (t)</p>	<p style="text-align: right;">24</p> <p>10:00 - 12:00 Farmers Market (Northside Parking Lot) 12:00 Groceries at Fry's or Bashas' (lb) 6:00 Movie (cc) (t)</p>	<p style="text-align: right;">25</p> <p>8:45 Groceries at Fry's or Bashas' (lb) 10:00 Hand and Foot Card Game (1nl) 10:00 Holy Communion (t) 11:30 Bus to Walmart (lb) 2:00 "Golf" Card Game (m)</p>	<p style="text-align: right;">26</p> <p>No Transportation 2:00 Scrabble (bh) 5:00 Texas Hold 'em Poker (1nl)</p>	<p style="text-align: right;">27</p> <p>10:00 Knitting and Loom Ladies (m) 1:00 Movie (cc) (t) 1:00 Pokeno (m) 2:00 Blood Pressure Check (l) 6:00 Movie (cc) (t)</p>
	<p style="text-align: right;">28</p> <p>9:15 Bus Pickup from Church of the Palms for Church Service (lb) 2:00 Bingo (bh) 5:00 Billiards (l)</p>	<p style="text-align: right;">29</p> <p>9:00 Mini Manicures (m) 2:00 Bingo (bh) 5:00 Texas Hold 'em Poker (1nl)</p>	<p style="text-align: right;">30</p> <p>10:00 Hand and Foot Card Game (1nl) 11:00 Red Hat Ladies Lunch at Charley's Sports Grill (lb) 12:00 Groceries at Fry's or Bashas' (lb) 1:00 Mexican Train (1sl) 2:00 Skip-Bo Card Game (m)</p>	<p>Birthstone - Diamond Flowers - Sweet Pea or Daisy Colors - Yellow or Red</p>	<p>Beauty Salon Is Open Wednesdays and Thursdays</p>	<p>bh - Bingo Hall dr - Dining Room lb - Lobby m - Meeting Room</p>	<p>1nl - 1st Floor North Lounge t - Theater l - Library 1sl - 1st Floor South Lounge</p>



Home Field Advantage

From historic fields to modern spaces, fans of Major League Baseball can see the action play out in 30 different ballparks. Here's a partial lineup of those venues and when they were unveiled.

Year Built	Stadium	Team
1912	Fenway Park	Boston Red Sox
1914	Wrigley Field	Chicago Cubs
1962	Dodger Stadium	Los Angeles Dodgers
1973	Kauffman Stadium	Kansas City Royals
1992	Camden Yards	Baltimore Orioles
2003	Great American Ball Park	Cincinnati Reds
2012	LoanDepot Park	Miami Marlins
2020	Globe Life Field	Texas Rangers

"This Month In History"

APRIL

1860: The first Pony Express rider leaves St. Joseph, Mo.

1908: Home to large sandstone pathways formed over time by flowing water, the Natural Bridges National Monument is established in southeast Utah.

1932: Dr. Charles Glen King, a chemistry professor at the University of Pittsburgh, isolates vitamin C from lemon juice. This breakthrough made it possible to accurately study the nutrient's properties and benefits in medicine.

1956: Daytime soap opera "As the World Turns" premieres on television. It was the first soap to have a half-hour runtime, rather than just 15 minutes.

1970: Almost 56 hours into a mission to the moon, Apollo 13 commander Jim Lovell reports to ground control, "Houston, we've had a problem." Days later, after a gripping rescue mission, millions around the world watched the spacecraft splash down safely in the Pacific Ocean.

1994: South Africa holds its first multiracial elections, with Nelson Mandela earning 62% of the popular vote to become the country's first Black president.

2010: Apple debuts its tablet computer, the iPad. Consumers purchased 300,000 units on the first day.

2021: A rare copy of "Action Comics #1," featuring the debut of Superman, sells for a record-breaking \$3.25 million.