



Desert Winds

Retirement Community

20545 N Lake Pleasant Rd • Peoria, AZ 85382 • (623) 322-0600

Find Your Inner Hero

"Hard times don't create heroes. It is during the hard times when the hero within us is revealed." —Bob Riley

Women in the Army

After the U.S. joined World War II, the Women's Army Auxiliary Corps was formed in May 1942, allowing women to enlist in the Army to serve in noncombat roles. Just a year later, the word "auxiliary" was dropped, giving WAC members full military benefits and paving the way for women to officially serve in all branches of the armed forces.

Hats and Horses

Hats off to those who sport special headwear at the Kentucky Derby. The hat tradition—with options ranging from sublime to silly—dates back to 1875. At that time, those attending the Derby considered it a social affair. As a result, race organizers invited women's clubs, whose members dressed in their finest attire.

Memorable Melody: 'Pomp and Circumstance'

For more than a century, school graduates have walked into the future to the tune of Edward Elgar's famous march "Pomp and Circumstance." The piece, which has an air of both ceremony and sentiment, was written in 1901 for the coronation of England's King Edward VII. It first became associated with graduations in 1905, when it was played at Yale University's commencement ceremony, where Elgar was awarded an honorary degree.

May 2022



Florists on Wheels

Sharing the streets with food trucks are members of the latest mobile business trend: flower trucks! Bringing fresh-cut blooms to farmers' markets, craft fairs, private parties and other public events, these floral fleets allow customers to assemble their own unique bouquets on the spot. Since many flower trucks are refurbished from vintage vans, campers, pickup trucks and buses, they offer additional aesthetic appeal for folks wanting to snap a springtime photo for social media.

Call of Remembrance

The 24 notes that sound out the bugle call known as taps will be played at numerous events this Memorial Day. The solemn melody has been around since the Civil War, when it was adapted from existing bugle calls that signaled the end of the day. Upon hearing the call, soldiers knew to extinguish their lamps and get ready for bed.



May 2022

- FR Fitness Room
- LB Library
- AR Activity Room
- MT Movie Theater
- GR Game Room
- LB Lobby
- CM Communion

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 2:00 LB Movie in Lobby	2 9:00 Shopping-Walmart 10:00 GR Uno 12:00 GR Puzzles 1:30 AR Bingo 2:30 AR Phase 10	3 9:30 Walking Club 10:00 LB Coffee w/Belinda 12:00 GR Checkers 1:00 GR Yahtzee 2:15 CM Communion 2:30 LB Bible Study	4 Happy Birthday Marlene 9:30 FR Chair Exercise 10:00 GR Mexican Train 12:00 LB Volleyball 1:30 AR Bingo	5 Cinco De Mayo 9:30 Walking Club 10:00 AR Manicures 12:30 GR Puzzles 1:00 AR Drawing 2:00 MT Movie in Theater	6 9:30 FR Chair Exercise 10:00 GR Scrabble 11:00 Mother's Day Brunch 1:00 AR LCR 1:30 AR Bingo	7 12:30 AR Bingo 2:00 LB Movie in Lobby
8 Happy Mother's Day 2:00 LB Movie in Lobby	9 9:30 FR Chair Exercise 10:00 GR Uno 12:00 GR Puzzles 1:30 AR Bingo 2:30 AR Phase 10	10 9:30 Walking Club 10:00 LB Coffee w/Belinda 12:00 GR Checkers 1:00 GR Yahtzee 2:15 CM Communion 2:30 LB Bible Study	11 9:00 Shopping-Dollar Tree 10:00 GR Mexican Train 1:30 AR Bingo 2:30 LB Family Feud	12 9:30 Walking Club 10:00 AR Manicures 12:30 GR Puzzles 1:30 AR Painting Class	13 9:30 FR Chair Exercise 10:00 GR Scrabble 12:00 GR Mexican Train 1:00 AR LCR 1:30 AR Bingo 2:30 Happy Hour w/Entertainment	14 12:30 AR Bingo 2:00 LB Movie in Lobby
15 2:00 LB Movie in Lobby	16 9:30 FR Chair Exercise 10:00 GR Uno 12:00 GR Puzzles 1:30 AR Bingo 2:30 AR Phase 10	17 9:30 Walking Club 10:00 LB Coffee w/Belinda 12:00 GR Checkers 1:00 GR Yahtzee 2:15 CM Communion 2:30 LB Bible Study	18 9:30 FR Chair Exercise 10:00 GR Mexican Train 1:30 AR Bingo 2:30 AR Resident Council	19 9:30 Walking Club 10:00 AR Manicures 12:30 GR Puzzles 1:00 AR Drawing 2:00 MT Movie in Theater	20 9:30 FR Chair Exercise 10:00 LB Donuts in the Lobby 1:00 AR LCR 1:30 AR Bingo	21 12:30 AR Bingo 2:00 LB Movie in Lobby
22 2:00 LB Movie in Lobby	23 9:30 FR Chair Exercise 10:00 GR Uno 12:00 GR Puzzles 1:30 AR Bingo 2:30 AR Phase 10	24 9:30 Walking Club 10:00 LB Coffee w/Belinda 12:00 GR Checkers 1:00 GR Yahtzee 2:15 CM Communion 2:30 LB Bible Study	25 9:30 FR Chair Exercise 10:00 GR Mexican Train 1:30 AR Bingo 2:30 LB Volleyball	26 9:00 Shopping & Lunch Target/Aldi/Haymakers 12:30 GR Puzzles 1:30 LB Family Feud	27 9:30 FR Chair Exercise 10:00 Mexican Train 12:30 AR Bingo 2:00 Hawaiian Luau	28 12:30 AR Bingo 2:00 LB Movie in Lobby
29 2:00 LB Movie in Lobby	30 Memorial Day 9:30 FR Chair Exercise 10:00 GR Uno 12:00 GR Puzzles 1:30 AR Bingo 2:30 AR Phase 10	31 9:30 Walking Club 10:00 LB Coffee w/Belinda 12:00 GR Checkers 1:00 GR Yahtzee 2:15 CM Communion 2:30 LB Bible Study	Dining Room Hours Breakfast 7:00-8:30 am Lunch 11:00-12:30 pm Dinner 4:00-5:30 pm	General Store Hours Monday 9:00-11:00 AM Thursday 2:00-4:00 PM Anytime During Bingo		



Fragrances of the Famous

Many celebrities have put their names on perfume bottles and released their own fragrances. Sniff out these popular scents from some of the world's biggest stars.

<u>Year</u>	<u>Fragrance Name</u>	<u>Celebrity</u>
1957	Teddy Bear	Elvis Presley
1957	L'Interdit	Audrey Hepburn
1981	Sophia	Sophia Loren
1987	Uninhibited	Cher
1991	White Diamonds	Elizabeth Taylor
1997	Legend	Michael Jordan
2002	Glow	Jennifer Lopez
2005	Instinct	David Beckham
2014	Rise	Beyoncé

"This Month In History"

MAY

1908: The first Mother's Day celebrations are held at gatherings in Grafton, W.Va., and Philadelphia.

1936: Joe DiMaggio makes his MLB debut, taking the field as a New York Yankee.

1942: To help the American war effort, gas rationing begins in 17 eastern states. By the end of the year, it was in effect in all 48 states.

1963: The first James Bond film, "Dr. No," premieres in the U.S. Scottish actor Sean Connery portrayed the fictional secret agent.

1973: Stevie Wonder's "You Are the Sunshine of My Life" is the No. 1 song played across the U.S.

1980: An earthquake triggers the volcanic eruption of Washington's Mount St. Helens.

1999: Discovery becomes the first space shuttle to dock with the International Space Station.

2003: After a 16-year run on Broadway, the musical "Les Miserables" closes.

2013: An 80-year-old Japanese man becomes the oldest person to climb Mount Everest, the world's highest mountain.

2018: England's Prince Harry marries American actress Meghan Markle in a ceremony broadcast around the world. The pair received the titles Duke and Duchess of Sussex.